



## Daniel Weil

Co-Active® Personal & Professional Development Coach  
DNW Associates

A program of your own will support you, your team and your business. Get clear, set goals, break down barriers, engage performance and incorporate accountability.

Design the program for you and your organization.



# Leadership, Teams, Entrepreneurs

Everyone is creative, resourceful and whole

## Leadership, Teams, Entrepreneurs

If you are in the role of Leadership, does that necessarily mean that you are actually a Leader? If you are on a team, are you elevating and supporting your team members? If you are an Entrepreneur, what's holding you back or in your way?

Get open, learn, practice and expand what you see — deepen your skills, and impact your goals exponentially.

## What Do You Want To Achieve?

- Connected To Your Values
- Live Your Life With Purpose
- Break Through Communication Barriers
- Engage The Relationships In Your Life
- Reduce & Manage Your Stress Levels
- Deepen Connection With Family & Friends
- Set Goals, Work Toward Accomplishing Them
- Incorporate Accountability In Your Life

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*The Co-Active® approach provides a powerful process for engaging with others and is supported by current scientific research. - CTI*

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**80%** Improved Self-Confidence  
**72%** Improved Communication Skills  
**86%** Show an R.O.I.  
**99%** Overall Satisfaction

Source: ICF Global Coaching Client Study was commissioned by the ICF but conducted independently by PricewaterhouseCoopers.

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## Agreements About How We Roll

- **Focus:** For us Coaches, the focus for this work is YOU and the life you want to create.
- **In Confidence:** Discussions that happen either 1-to-1 or within a group, are held to the highest level of confidence and ethical standards.
- **What to Bring In:** An open mind and spirit. Your whole self.
- **Be Curious:** Learning happens when you ask questions.... and then ask more!
- **Respect and Honor:** For everyone. We are individuals who are diverse in our experience, cultures, beliefs, and heritage.
- **No Judgement Zone:** We agree to not hold another person, to a standard of belief of our own experience or of our own values.
- **Coaching Is Not Therapy:** Therapy works on things in your past to get you whole in the present. **In Coaching we work on things in the present to move YOU forward.**

## Gratitude, Values, Name It

Take a few minutes to identify things that you are grateful for.

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What do you notice when you identify these gratitudes ?

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Honor what you value, stay connected, move forward.

## Rate your level of satisfaction in these areas (1-10):

Personal Growth

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Career

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Family & Friends

Health

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Physical Environment / Home

Significant Other / Romance

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Fun & Recreation

Write down a few key words or phrases about what you notice in this rating. *What do you notice?* What did you expect or not expect?

## Here vs. There

How are you balanced today? Are you "stuck" or are you getting stuff done?



Up your game,  
raise your professional skills,  
infuse yourself with leadership  
and have *impact*.

*Are you a "World-Changer?"*

*Who is on YOUR team and can work with you to develop YOUR vision?*

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